



**KRISTIN BROOKS MASSAGE**  
**KRISTIN BROOKS CATARELLO, CMT**  
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To Whom It May Concern:

I met Michelle through the Healing Arts/Personal Development Community in the fall of 2008. At this time my intention was to become pregnant with my husband and start a family. I was experiencing some difficulty conceiving and learned from Michelle that she has success in helping women in these situations.

After our first session...I felt so great the next day that I was flying high with energy and full of laughter! It was the best I felt in a long time, especially since I had been feeling MISERABLE the previous two weeks before our session. I went to see my acupuncturist that day and she refused to work on me because I was in such a good place! She had never seen my pulses so healthy and alive. She told me I should see Michelle more often because she obviously has more affect on me than the acupuncture! Can you believe that? She basically referred me to Michelle just from seeing how great I felt the day after our session. Not only that, but the laughter and playfulness that was sent to me was awed by the people in that office! I had them crying they were laughing so hard! Michelle and her energy work really made a difference in my everyday being.

Soon after the first session I did become pregnant. It didn't last long, but I was happy to discover my body was capable of conceiving. I had a few more sessions with Michelle through Jan 2009. The sessions made a significant difference on my energy, mood, and attitude. They helped me let go of the stress and pressure I was putting on myself to have a baby. I was able to clear my mind and exude joy and positive energy.

Eventually I had my own breakthrough of letting go of the idea of becoming pregnant. All of a sudden I was absolutely OK with the idea of not having children, even a bit excited about it. I did a complete 180 from the way I had been thinking for over a year. Two weeks after this breakthrough I became pregnant! I now have the best gift ever- a 13 month old baby girl! I truly believe Michelle's energy work and vibrational therapy helped to guide me through this process and the miracle of my baby girl. I now have the gift of life, love and joy above and beyond what I ever imagined!

I will gladly share my experience with anyone who may have questions about opening themselves to Michelle's gift. I am a massage therapist myself and specialize in pre and post-natal massage. It was a completely new and unique experience for me to receive Michelle's work and I thoroughly believe in it and enjoyed it.

Sincerely,

Krissi Catarello  
KB Massage

I specialize in Swedish, Sports, Lymphatics, Myofascial Approaches, Table Thai, Deep Tissue and am Certified in Pregnancy Massage.

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